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CITY OF PERTH



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# REPORT


## OF THE HEALTH DEPARTMENT

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*For the Year 1961*

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1962



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CITY OF PERTH

# REPORT

*UPON THE*

HEALTH OF PERTH

FOR THE YEAR 1961

JOHN M. AITKEN, M.B., Ch.B., D.P.H.,  
Medical Officer of Health

WILLIAM McBRYDE, F.R.S.H.,  
Chief Sanitary Inspector



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Health Department,  
22 York Place,  
Perth.  
July, 1962.

*To the Lord Provost, Magistrates and Councillors of the City and Royal Burgh of Perth, and to the Scottish Home & Health Department for Scotland.*

Lady and Gentlemen,

I have the honour to present my 14th Annual Report as Medical Officer of Health for the City of Perth for the year ending 31st December, 1961.

In the spring and summer of 1962 when my report is usually compiled, the Health Department was working under considerable pressure due to outbreaks of Smallpox and Poliomyelitis in other parts of the country. At the time of writing our efforts to prevent such infections affecting our City appear to have been successful, and it is therefore with quiet satisfaction that I apologise for the belated publication of this report.

To the Lord Provost, Dr. Ritchie, Convener of the Health Committee and all members of the Health Committee I should like to offer my thanks for their support and interest in the work of the department during the year.

For all the friendly help and assistance I have received from my staff and the Officials of other departments I would like to extend my warm thanks.

I am,

Your obedient Servant,

JOHN M. AITKEN.

*Medical Officer of Health.*





**Report of the Medical Officer of Health  
For the City of Perth for the Year 1961.**

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**VITAL STATISTICS**

**Population:** The population as estimated by the Registrar General at 30th June, 1961, was 40,893, being a decrease of 417 compared with the 1960 figure. The population density is almost 10 per acre.

**Birth Rate:** There was a decrease of 26 in the corrected number of births for 1961 as compared with the 1960 figure. The actual birth rate was 17.4 which is considerably lower than the rate for Scotland which was 19.5 per 1,000 of the population. The rate for large burghs was 21.0.

**Illegitimate Birth Rate:** The illegitimate birth rate fell to 5.3 compared with 6.0 per 100 births for 1960. The rate for Scotland was 4.6 and for large burghs 3.9.

**Still Birth Rate:** The still birth rate showed a considerable increase, being 29 per 1,000 births as compared with 16 for the previous year. The rate for large burghs was 22 and for the whole of Scotland 21.

**Death Rate:** The death rate for 1961 was 13.4 per 1,000 of the population compared with 11.5 for the previous year. The rate adjusted for age and sex distribution was 12.1. The rate for the whole of Scotland was 12.3 and for large burghs 11.8.

**Infant Mortality Rate:** The infant mortality rate was 18 per 1,000 live births, being a marked decrease on the 1960 figure which was 28. The rate for the whole of Scotland was 26 and for large burghs 25.

**Maternal Deaths:** There were no maternal deaths during the year. The rate for the whole of Scotland was .4 per 1,000 births.

**Deaths from Tuberculosis:** During the year there were three deaths from this disease, giving a death rate of .07 per 1,000 of the population. This rate compares with .05 for the previous year. The rate for the whole of Scotland was .09 and for large burghs .11. Two of the deaths were due to respiratory tuberculosis.

**Deaths from Infectious Disease:** During the year there were no deaths due to the principal infectious diseases. The rate for the whole of Scotland was .08 and for large burghs .06.

**Deaths from Cancer:** Of the deaths registered 103 were due to cancer, being an increase of 19 from the previous year, and giving a death rate of 2.5 per 1,000 of the population. The rate for the whole of Scotland was 2.16 per 1,000 of the population.

**Deaths from Coronary Thrombosis:** There were 89 deaths from coronary thrombosis during the year, 28 being females and 61 being males.

There was one death in a person under 40 years of age, 5 in persons between 40 and 50 years of age; 19 in persons between 50 and 60 years, and the remaining 64 deaths were in persons over 60 years of age.

**Marriages:** The number of marriages registered in the district was 443, giving a rate of 10.8 The rate for the whole of Scotland was 7.8 and 8.9 for large burghs.

## CARE OF MOTHERS AND YOUNG CHILDREN

**Ante-Natal and Post-Natal Clinics:** There was a decrease of 194 in the number of attendances at the ante-natal clinic compared with the attendances during 1960, the total number of attendances being 7,198 of which 4,758 were in respect of City patients. A total of 1,022 persons attended during the year, and of that number 510 were resident in the City. During the year 490 patients attended for post-natal examination, 404 of these being resident in the City.

**Child Welfare Clinics:** The attendances at these clinics during the year totalled 13,966 compared with 13,856 for 1960. Again I should like to thank the members of the Ladies Committee for the work they do at the Child Welfare Centres. The following ladies gave their services voluntarily during the past year:

Mrs. Andrews, 1 Murray Crescent.

Mrs. Panton, Muirend, Burghmuir.

Mrs. Douglas, Langley Cottages, Scone.

The attendances at the various clinics are as follows:

South Street Clinic 5919

Muirton Clinic 2806

Letham Clinic 5241

It gives me considerable pleasure to record my thanks to the following ladies of Letham Church who have given their services at the clinic during the year:

Mrs. Brown, 52 Fairies Road.

Mrs. McPherson, 23 Tummel Road.

**Mothercraft Classes:** During the year 34 special sessions were arranged at the Child Welfare Centres for the purpose of giving talks and demonstrations to expectant mothers. The total number of attendances at these classes was 212.

**Premature Infants:** It was not necessary to transfer any premature infant to Perth Royal Infirmary for special care and attention.

Of the 695 births in respect of persons whose usual place of residence was within the City, 32 were premature, and of this number 6 were born at home and 26 in hospital.

**Unmarried Mothers and their Children:** 6 unmarried mothers and their children whose permanent address was within the City, were provided with care and attention at Melville House, 129 Scott Street. During the year this voluntary organisation carried out the work connected with 8 adoption cases.

During the year 11 adoptions were supervised by the Children's Officer under Section 38 of the Adoption Act, 1958, as follows:

Placed by Local Authority ... ..	3
Placed by other Local Authorities ... ..	2
Placed by adoption societies... ..	3
Direct placings by parent ... ..	3
	<hr/>
	11

In 9 of these cases Adoption Orders were granted, and 2 were carried over into 1962.

During the year 17 applications from parents wishing to have a child adopted were dealt with as follows:

	<i>Placed for Adoption</i>	<i>Kept by Parent</i>	<i>Otherwise dealt with</i>	<i>TOTAL</i>
Unmarried mothers ...	4	2	6	12
Illegitimate children of married mothers ...	2	2	1	5
	<hr/>	<hr/>	<hr/>	<hr/>
	6	4	7	17

**Welfare Foods Department:** The following Welfare Foods have been sold at the Distribution Centre at 22 York Place and at the Child Welfare Clinics:

	1954*	1955	1956	1957	1958	1959	1960	1961
<i>22 York Place:</i>								
Nat. Dried Milk	11,669	17,695	17,968	13,948	12,751	9,588	9,324	7,533
Cod Liver Oil	1,800	4,047	3,327	2,956	1,621	1,632	1,615	1,006
Orange Juice ...	9,935	23,460	23,236	24,793	13,248†	12,113	11,705	6,544
Vitamin Tablets:	611	1,557	1,349	1,352	1,258	1,345	1,173	780

*Child Welfare Clinics:*

Nat. Dried Milk	6,301	5,311	5,168	3,462	3,454	3,479	3,200	2,770
Cod Liver Oil	1,304	1,570	1,648	1,246	891	1,086	949	636
Orange Juice ...	7,184	8,994	9,780	9,825	6,210†	6,901	6,913	4,139
Vitamin Tablets	156	448	404	421	421	516	506	293

\* The distribution of Welfare Foods commenced at the Centre at 22 York Place on 28th June, 1954.

† As from 1st November, 1957, orange juice was available for children up to two years of age instead of up to 5 years of age as previously.

c From 1st June, 1961, orange juice, cod liver oil, and vitamin tablets became available for the priority classes (expectant and nursing mothers and children under 5 years of age) without coupons at a price to cover the cost.

In addition the following proprietary foods were sold at the Child Welfare Clinics during the year:—

3838 packets of dried milk.

945 vitamin preparations.

744 packets of cereal.

365 other foods.

**Day Nursery:** The number of attendances at Florence Place Day Nursery during the year was 9,036. The average daily attendance during the year was 35.6.

**Training of Nursery Nurses:** The scheme for training of nursery nurses continued as formerly. During the year 3 students completed their first year and 2 their second year of training. One student passed the examination and gained the Nursery Nurses Certificate.

**Children's Homes:** During the year 31 children under 5 years of age and 16 over 5 years of age were admitted to the Children's Homes. The Medical treatment continues to be provided by each child's family doctor. The Medical Officers of the Health Department continue to pay regular visits to the Homes.

**Nurseries and Child-Minders Act:** Two persons continue to be registered under the Nurseries and Child-Minders Act. They are both in charge of kindergarten schools for 15 and 17 children respectively. The premises were regularly inspected.

**Dental Care:** The scheme outlined in previous reports has continued satisfactorily, and as a result of the improved publicity arrangements there has been an increase in the number of persons cared for under the scheme.

During the year 1583 persons in the priority classes received dental treatment, 427 being expectant mother, 446 nursing mothers, and 710 pre-school children. During the year 177 full or partial sets of dentures were supplied to expectant and nursing mothers. Fees paid to the dentists in practice under the scheme amounted to £321.15/-.

**Birth Notifications:** There were 1,245 births notified as occurring within the City, being a decrease of 11 from the previous year. In 69 cases the usual place of residence was within the City and was a decrease of 5 compared with the 1960 figure. 33.5 per cent of the City births were confined at home. 81 percent of all the births occurred in maternity hospitals or nursing homes.

**Infant Mortality:** There was a marked decrease in the infant mortality rate, the figure for 1961 being 18 per 1,000 births as compared with 28



for the previous year. The rate for the whole of Scotland was 26 and for large burghs 25.

69% of the deaths of children under one year of age occurred in the first month of life as compared with 66.6% during 1960. Of the deaths occurring in the first month of life, 8 occurred within 48 hours of birth. In all but one of these cases, the mothers were confined in hospital. For the causes of death reference should be made to Table No. 4.

The peri-natal mortality rate which takes account of still births and deaths of infants during the first 4 weeks of life was 40.9 per 1,000 births being an increase from the 1960 figure which was 34.7.

**Prevention of Break-up of Families:** A total of 49 cases were dealt with throughout the year. As in previous years, many of the cases involved financial problems resulting from hire purchase and credit buying. It would appear that legislation is required for the better legal protection of the customer — such as the lapse of a period of 48 to 72 hours between the signing of a contract and it becoming legal. I am also in favour of hire purchase agreements having to be signed by both husband and wife. It is now possible to obtain on hire purchase such things as holidays, horses, cows, tropical fish, dance course gramophone records, beauty treatments, permanent waves, central heating, and grave stones.

The leaflet "Setting-up House" published by the Scottish Council of Social Service continues to be distributed at the office of the City Factor to tenants of Corporation houses. This leaflet gives guidance on hire purchase, credit sales, and personal credit.

**Marriage Guidance Council:** 28 cases were dealt with during the year. This is the largest number dealt with in any one year since the Council was inaugurated. During the year one case which had had the attention of a Counsellor for three years, was brought to a happy conclusion. There is still an urgent need for more Counsellors and receptionists for this very important work. No requests were received for pre-marriage guidance courses, despite the fact that these were advertised and given considerable publicity.

The Council is most grateful to the Salvation Army who have made a room available for the use of any person wishing to consult a Counsellor during the day.

**Family Planning Clinic:** During the year the number of attendances at this Clinic totalled 654. Of the 168 new cases who attended during the year 80 belonged to the City of Perth, 81 to the County, and 7 to other areas.

## SCHOOL MEDICAL SERVICE

**Medical Inspections:** During the year, the Medical Officers of the Health Department carried out 2339 routine medical examinations. In addition 139 special examinations, 558 vision examinations, and 106 re-examinations

were carried out. 19,929 examinations were carried out by the school nurses, principally in connection with cleanliness inspections and the follow-up of children found suffering from defects at routine medical inspections.

As a result of the routine medical inspections it was found that 79.2 per cent of the children examined were healthy. .3 per cent showed evidence of dirty heads; 1 per cent of the children examined suffered from squint; 5.7 per cent of all the children examined were found to be suffering from some abnormality of the ear, nose and throat, and 19.5 per cent of all those examined suffered from other defects.

A synopsis of the work carried out by the Health Department is contained in Tables 8 to 10. For more detailed information reference should be made to the Report of the County Medical Officer.

**B.C.G. Vaccination:** Of the 756 children born during 1948 who attended City schools, acceptance for B.C.G. vaccination was received in respect of 729, giving an acceptance rate of 96.5 per cent. During 1961, 613 children born during 1948 and 534 children born during 1947 were tested under this scheme. 554 of the 1948's and 485 of the 1947's received B.C.G. vaccine.

Since the scheme commenced in 1953, 6136 children have been tested and 4891 received B.C.G. vaccine.

## DOMICILIARY MIDWIFERY.

8 full-time Nurse/Midwives continue to be employed and one midwife in private practice is still employed on a case basis.

During the year 8 pupil midwives from Perth Royal Infirmary received instruction and training from the nurses on the district. The Medical Officer of Health gave two courses of five lectures each to the pupil midwives at the Maternity Department of the Infirmary.

**Transport Arrangements:** The transport arrangements as outlined in previous reports continue to prove extremely satisfactory.

**Maternity Outfits:** Outfits continue to be provided to maternity cases, distribution being undertaken by the midwife in charge of the case or by the patient or a relative calling at the Health Department to collect the container.

**Supervision of Midwives:** The equipment and records of the midwives practising in the area are inspected at regular intervals by the Superintendent Nursing Officer in her capacity as Supervisor of Midwives.

**Domiciliary Confinements:** 273 applications for maternity service were received during the year. This number compares with 286 during 1960. 233 confinements were conducted during the year as compared with 241 during 1960. An additional 9 cases who received ante-natal care by the domiciliary midwives were later admitted to hospital.

**Analgesia:** All the midwives employed by the Local Authority hold the certificate for the administration of gas and air analgesia and trilene. One trilene and four gas and air machines have been supplied, and during the year 147 patients received gas and air analgesia and 42 trilene. In addition 160 of the patients were given pethidine.

## HOME NURSING

The Duties of the Home Nursing Service continue to be carried out by 8 full-time Nurse Midwives.

Of the 15,026 visits paid by the nurses, no less than 12,288 which is 81 per cent, were paid to the homes of aged persons. These figures in my opinion show that this service is in no small measure relieving the pressure on hospitals. In all 636 patients received nursing care, 411 or 65 per cent, being aged persons. There was an increase of 1191 visits compared with 1960. Of the total 15,026 visits, 3,641 were for the purpose of giving injections of one kind or another — penicillin, streptomycin, morphia, insulin, etc.

The two patient hoists which were made available for use by the nurses by the local branch of the Multiple Sclerosis Society, have proved of great assistance to the nurses in their work.

## MEDICAL LOAN DEPOT

288 articles were loaned out during the year to persons being nursed at home, compared with 265 articles during the previous year. The following is a list of articles which are available for loan:

Bed Pans;	Bed Bottles;
Bed Rests;	Bed Cages;
Air Rings;	Mackintosh Sheets.

## NURSING HOMES (SCOTLAND) REGISTRATION ACT, 1938.

The one home in the City registered under this Act was visited during the year and was found to be satisfactory. Medical, Surgical, and midwifery cases are cared for in the home.

## HEALTH VISITING.

During the year, tuberculosis prevention was carried out part-time by one of the Health Visitors employed in general maternity and child welfare duties. One Health Visitor continues to be employed full time on school work. The following is a list of the visits carried out by the Health Visitors during the year:

Children under one year of age	...	...	...	5,702
Children 1 to 5 years	...	...	...	6,230
Expectant mothers	...	...	...	731
Aged persons	...	...	...	538
Tuberculosis Cases	...	...	...	636

Visits on behalf of Almoners	...	...	...	131
Visits on behalf of general practitioners	...	...	...	11
Other visits	...	...	...	190
School Health Service	...	...	...	19,929 examinations

Discharges of aged persons from the various hospitals are notified to the Health Department, and the Health Visitors follow up these cases and arrange for the necessary after-care. During the year 538 visits were paid to aged persons.

## DOMESTIC HELP SCHEME

This service continues to function as in previous years. At the end of the year 45 Home Helps were employed. During the year 285 households received help for the following reasons and is an increase of 27 from the previous year:

(1) Age and infirmity	...	...	...	217
(2) Illness	...	...	...	48
(3) Confinements and Expectant Mothers	...	...	...	15
(4) Tuberculosis	...	...	...	3
(5) Blind Persons	...	...	...	2

TOTAL	285
-------	-----

As is shown by the above figures, the greatest use of the service is made by aged persons, principally those living alone. Gifts of flowers, fruit, etc. continue to be sent to some of the old folks on the occasion of their birthday through the bequest of Miss Duffin. This scheme brings great pleasure to the old folks.

## VACCINATION AND IMMUNISATION

**Vaccination Against Smallpox:** 731 primary vaccinations were carried out during the year, being an increase of 213 compared with the previous year. Of these, 334 were carried out at the Local Authority's Clinics, the remainder being done by general practitioners.

As a result of a survey carried out at the end of the year, it was found that 88.4 per cent of City children entering school had been vaccinated against smallpox. Of all the children examined at routine medical inspections at City schools, 88 per cent were found to have been vaccinated.

In all, 128 re-vaccinations were reported as having been carried out principally for the purpose of issuing certificates in respect of people proceeding abroad.

**Immunisation Against Diphtheria:** This is now the 14th consecutive year in which there has been no case of diphtheria in the City, and it is now 16 years since a child died from this disease. A survey at the end of the year showed that almost 96 per cent of entrants to school had been immunised against diphtheria. Of all the children examined at routine medical inspections at City schools almost 97 per cent were found to have been immunised against this disease.



788 children were immunised for the first time during the year compared with 615 during the previous year. Of these, 360 were immunised at the Child Welfare Centre, and 428 by general practitioners. All these children were inoculated against diphtheria, whooping cough, and tetanus.

500 children received a re-inforcing inoculation on their entry to school. 106 of the inoculations were carried out at the Child Welfare Centres, 239 by Medical Officers at routine medical inspections at school, and 155 by general practitioners.

361 nine-year old children received a second re-inforcing inoculation. 3 of the inoculations were carried out at the Child Welfare Centre, 2 by general practitioners, and 356 by the Medical Officers at routine medical inspections at school.

**Vaccination Against Poliomyelitis:** During the year 1,688 persons received two injections of poliomyelitis vaccine, and at the end of the year an additional 65 persons had received one injection and were awaiting their second injection. During the year 1,588 persons received a third injection of poliomyelitis vaccine, and 4,179 a fourth injection.

From the inception of the scheme until the end of the year a total of 18,007 persons had received two injections, and of that number 15,226 had received a third injection. 4,179 primary school children were given a fourth inoculation.

For a detailed analysis of figures relating to Poliomyelitis vaccination reference should be made to Table No. 16.

## PREVENTION OF ILLNESS — CARE AND AFTER-CARE

### A. TUBERCULOSIS

**Tracing of Infection:** 742 contacts of cases of tuberculosis were examined during the year compared with 860 during the previous year. Of the contacts examined, 6 were found to be suffering from tuberculosis.

**Admissions to Hospital:** During the year, 22 cases of respiratory tuberculosis were admitted to hospital. At the end of the year no case was awaiting admission to hospital.

**Housing:** 12 families in which there was a case of tuberculosis were rehoused during the year, making a total of 240 such families rehoused during the past 14 years.

**Notifications:** There were 25 new notifications of respiratory tuberculosis compared with 42 during the previous year. In 1950 the number of new notifications was 75.

The number of notifications of non-respiratory tuberculosis was 3 compared with one during the previous year.

**Supply of Extra Nourishment, Nursing Requisites, etc.:** Cod liver oil and malt continues to be given free of charge where necessary, 47 jars being issued during the year. 27 domiciliary cases of tuberculosis were supplied during the year with one pint of milk per day at a total cost

of £254.4.6. During the year 42 tins of disinfectant were issued to domiciliary cases. None of the cases of tuberculosis required to be supplied with any bedding during the year.

**Co-operation with the Ministry of Labour:** 6 men and 3 women who had suffered from tuberculosis were placed in suitable employment during the year.

**Mass Radiography:** A total of 872 persons were examined by mass radiography during the year, 15 being found to have abnormalities. The following is a note of the abnormalities after three month's observation:—

					<i>Males</i>	<i>Females</i>
Active Tuberculosis	...	...	...	...	1	—
Tuberculosis; Doubtful activity	...	...	...	...	3	—
Tuberculosis — Inactive post primary	...	...	...	...	1	1
Tuberculosis — Inactive primary	...	...	...	...	2	—
Bronchiectasis	...	...	...	...	2	—
Emphysema	...	...	...	...	1	1
Pleural thickening	...	...	...	...	1	—
Right-sided Aorta	...	...	...	...	1	—
Pneumonia	...	...	...	...	1	—
					—	—
					13	2

During the year the following groups were given an opportunity to be x-rayed:—

- Schools (Staff and pupils)
- Perth Prison (Staff and inmates)
- Perth County Council

The total number of examinations carried out by the Mass Radiography Unit since its inception in 1950 was 48,001. As a result of these examinations 111 cases of tuberculosis have been discovered.

**B.C.G. Vaccination:** 82 contacts of cases of tuberculosis were tested and as a result 76 were vaccinated with B.C.G. vaccine. In addition 46 nurses were tested and of that number 3 received B.C.G. vaccine.

During the year 189 thirteen-year old children were tested at Perth Academy, 177 being vaccinated with B.C.G. vaccine; of the 271 thirteen-year olds tested at Perth High School 243 were vaccinated; of the thirteen-year olds at St. John's who were tested, 36 were vaccinated and of the 112 children tested at Goodlyburn Secondary School, 9 received B.C.G. Vaccine. In addition 39 children who had been absent during previous years were tested, 38 being vaccinated with B.C.G. At the end of the year 8,014 persons had been tested under this scheme since its inception in 1950, and of that number 5,870 had been vaccinated against this disease.

The arrangements have continued whereby the Area Chest Physici-

x-rays immediately all children showing a positive re-action to the test and thereafter they are examined at regular intervals.

## B. EPILEPTICS AND SPASTICS

In the area there are 45 known cases of epilepsy and 33 who are spastics.

## C. CHIROPODY SERVICES IN THE CITY

The arrangements outlined in previous years reports have continued to function satisfactorily. They provide a service for aged persons (women over 60 and men over 65 years of age) who are not engaged in remunerative employment. At the moment an average of almost six sessions of two hours each are held each week. The following visits were carried out during the year:

	<i>No. of Sessions</i>	<i>No. of Persons Treated</i>	<i>No. of Domiciliary Visits</i>
		<i>1st Visits</i>	<i>Revisits</i>
January ...	22	4	165
February ...	20	9	149
March ...	23	11	170
April ...	20	4	154
May ...	26	13	189
June ...	22	4	172
July ...	18	18	117
August ...	34	10	250
September ...	20	11	141
October ...	22	8	162
November ...	31	10	234
December ...	20	12	138
<b>Total</b>	<b>278</b>	<b>114</b>	<b>2,041</b>
Corresponding Totals for:—			
1958 ...	143	106	971
1959 ...	195	117	1,372
1960 ...	245	130	1,761

**Rosslyn House:** The Chiropodist continues to visit the Home one day per month.

## D. PREVENTION OF ACCIDENTS

The arrangements outlined in previous years reports for the prevention of accidents have continued. During the year the weekly returns from Perth Royal Infirmary and Bridge of Earn Hospital of all accident cases requiring admission to hospital, have continued to be received. As a result of these returns 74 home accident cases were investigated by the Health Visitors. For detailed information of these accidents reference should be made to Tables No. 35 and 36 of this Report. Of the 74 home accidents investigated 44 were considered preventible and 4 were fatal.

From figures supplied by the Registrar General's office there were 14 fatal home accidents during the year — 6 being due to carbon monoxide poisoning, 4 being due to falls, and 4 due to burning.

It is pleasing to note that in the near future a considerable proportion of the gas supplied to the industrial belt of Scotland will be non-toxic. This should bring about a marked improvement in the death rate from coal gas poisoning.

**Vehicular Accidents:** 195 accidents resulting from vehicular traffic were reported to the Chief Constable, being an increase of 35 from the previous year. As a result of these accidents, 236 persons were injured, 4 fatally, 72 seriously, and 160 slightly. 70 of the injured persons were under 15 years of age.

**Non-Vehicular Accidents:** Exclusive of those deaths and injuries caused by vehicular accidents, there were investigated by the Police 47 sudden deaths, 10 fatal accidents, and 4 suicides. Of the fatal accidents one was from a fall, 4 were due to coal gas poisoning, two to burning, and one due to poisoning. Of the suicides 3 were caused by coal gas poisoning, and one by poisoning.

There were also enquired into 224 accidents involving 227 persons of whom 28 were seriously injured and 97 slightly injured.

## HEALTH EDUCATION

Seven health talks and film shows were given during the year in the area as follows:

1st February	Parent/Teacher Association Northern District School
26th February	St. Leonard's Church Youth Fellowship.
11th April	Gas Council Meeting.
26th April	Old People's Welfare Council.
19th/20th June	Perth High School
2nd November	Letham Kirk Young Mothers Fellowship.

The booklet "You and Your Baby" published by the British Medical Association continues to be distributed from the Welfare Food Centres and is greatly appreciated by those receiving it.

The need for regular dental care is advocated by means of special notices displayed in doctors and dentists waiting rooms.

Once again a lecturer from the Scottish Council for Health Education gave talks to the senior pupils from the secondary schools in the City on the subject "Growing Up".

Mothercraft talks continue to be held for nursing and expectant mothers at the Child Welfare Clinics, and as already mentioned in this report 3 special sessions were held for this purpose at which there were 212 attendances. These talks are greatly appreciated by the mothers-to-be.



**Smoking and Lung Cancer:** The steps outlined in previous reports to publicise the relationship between smoking and cancer of the lung were continued throughout the year. During the year 28 of the deaths registered were due to lung cancer, being an increase of 8 from 1960. The figures for the previous nine years are as follows:

1952	17
1953	18
1954	14
1955	14
1956	11
1957	17
1958	19
1959	24
1960	20

## F. CONVALESCENT HOME PROVISION

No convalescent homes are maintained by the local authority.

## CONTROL OF INFECTIOUS DISEASE

There were 53 cases of infectious disease notified to me during the year, being a decrease of 83 from the previous year. As already mentioned in this report this is the 14th year in succession in which there has been no case of diphtheria and it is now 16 years since there was a death from this disease in the City.

**Scarlet Fever:** During the year there was a decrease in the number of notifications of scarlet fever. In all 9 cases were notified as compared with 55 during the previous year. Of the 9 cases notified, 2 were admitted to hospital. There were no deaths from this disease.

**Whooping Cough:** 7 cases of whooping cough were notified as compared with 8 cases in 1960. One of the cases was admitted to hospital.

**Poliomyelitis:** There were no cases of this illness notified in the area during the year. This was the same as during the previous year.

**Dysentery:** 5 cases of dysentery were notified during the year, one case being admitted to hospital.

**Food Poisoning:** Three cases of food poisoning were notified during the year, two being treated in hospital.

## HOSPITAL TREATMENT OF INFECTIOUS DISEASE

27 cases of infectious disease were admitted to King's Cross Hospital, Dundee, compared with 58 in 1960. Of that number two were cases of scarlet fever, one dysentery, 8 gastro-enteritis, 2 mumps, 3 chickenpox, 1 food poisoning, and 1 whooping cough, the remainder being admitted for observation, etc.

## WATER SUPPLY

Throughout the year the bacteriological quality of the water distributed has been of the highest standard.

Algae in the reservoirs appeared in the middle of July, later than usual, persisting throughout the summer, and finally clearing up by late October.

## RIVERS (PREVENTION OF POLLUTION) (SCOTLAND) ACT, 1951.

The work of the Tay River Purification Board was concerned mainly with pollution prevention in the upper reaches of the River Tay and its tributaries. A preliminary chemical survey was carried out on the Town Lade prior to a more detailed check on the discharges to the Lade.

In December, complaints were received of serious oil pollution in the Town Lade and River Tay. A joint investigation with the Burgh Sanitary Inspectors traced the source to the British Railway Marshalling Yards where a rail oil tanker had been damaged. Subsequently the Railway Authorities carried out extensive work to prevent the further discharge of oil.

## MENTAL HEALTH SERVICES

The Occupation Centre under the auspices of the County Council provides care for 14 children, and 30 children are catered for in the two classes for educationally subnormal children.

The Child Guidance service has continued and during the year 95 boys and 45 girls from the City were treated. At the end of the year the number of Perth City cases awaiting investigation and possible treatment was 30 boys and 15 girls.

During the year, 4 City and 4 County cases were seen at the Clinic for Mental Deficiency. The four City cases are being kept under observation. **Mental Illness:** 9 cases of mental illness were admitted to hospital during the year, 6 of whom were certified. At the end of the year, 9 cases of mental illness were being cared for at home and 122 were being cared for in institutions as compared with 131 at the end of 1960.

**Mental Deficiency:** No case of mental deficiency was certified during the year. One case, who had been certified previously was admitted to an institution. During the year, no case required to be recertified on reaching the age of 16 years and no case required to be placed under guardianship. At the end of 1961, 52 cases of mental deficiency were under treatment in mental institutions and 15 were being cared for at home.

**Mental Health Act, 1960:** At the time of writing, the Proposals under this Act have been informally approved by the Scottish Home and Health Department and are at present under consideration by the various interested bodies, such as the Executive Council, the Regional Hospital Board, and the Boards of Management.

## VENERAL DISEASES

4 new cases of acquired syphilis were treated during the year, this number being 4 less than during the previous year. 43 new cases of gonorrhoea were treated during the year compared with 53 during the previous year.

Every opportunity is taken at the various health talks and film shows to stress to the public the importance of prevention of venereal diseases.

## ORTHOPAEDIC SERVICE

99 pre-school City children attended for the first time at the Orthopaedic Clinic. At the end of the year 324 pre-school City children were attending for treatment and supervision. During the year 11 pre-school City children were admitted to hospital for treatment of orthopaedic conditions.

## NATIONAL ASSISTANCE ACT, 1948.

Compared with the previous year, the upward trend of admissions to Rosslyn House slackened off, the daily average being 95 persons provided with residential accommodation, but for quite a period over 100 persons were in residence in the Home. Nevertheless the Town Council continued planning for a Purpose-built Home for Elderly Folks to be erected on ground near Balhousie Castle. The present intention is that it will accommodate 35 aged persons.

Normal maintenance — exterior and interior — work was carried out during the year at Rosslyn House.

Chiropody treatment continued for the residents, one day per month, and was much in demand.

The occupational therapy sessions at Burghmuir Hospital continued to be attended three days weekly by a number of residents from Burghmuir Hospital. Those who attend undoubtedly benefit and enjoy the sessions.

The mobile canteen service run by the local W.V.S. branch continued its good work every Monday evening. The canteen goes round the Home and is indeed a boon to the residents, especially the very frail who are unable to go out shopping.

In connection with reading material, the Sandeman Library continued a good supply of books to the Home, as also did the Red Cross Society, etc. Throughout the year a good supply of magazines was also supplied by visitors and other people interested in the Home.

Ladies from the Churches throughout the City visited on a weekly basis fixed by a rota. The ladies found their visits keenly anticipated by the old folks.

Dr. Forrest, Assistant Medical Officer of Health, carried out medical supervision of the Home. Each resident is provided, when necessary, with medical attention by his or her own doctor.

Once again it is a pleasure to report that throughout the year many very excellent gifts, entertainments and outings were enjoyed through the kindness of generous donors. It is most gratifying to record the continued kindnesses shown to Rosslyn House by the Churches at the time of

Harvest Thanksgiving Services, when splendid gifts of garden produce, jams, flowers, vegetables, etc. are generously sent to the Home.

Visitation of frail elderly persons continued as usual when advice and help in various ways was provided. The valuable Meals on Wheels services supplied a nourishing mid-day meal three times weekly to very frail old folks. This service provided by the local branch of the Women's Voluntary Service, the Perth Old People's Welfare Council and the Town Council, together with the Home Help Service, are undoubtedly most important factors in enabling many of our frail elderly to remain at home.

**Accommodation for Aged Persons:** There are now two voluntary homes for aged persons registered in the City, i.e. Bowerswell Memorial Home accommodating 22 aged persons and Kincarrathie House which is presently registered to accommodate 9 persons but will it is hoped eventually be extended to cater for 36 persons altogether.

It is worthy of note that in the pleasant grounds of Bowerswell there are twenty semi-detached cottages occupied by elderly retired persons.

The Town Council has pushed ahead with the provision of suitable houses for aged persons and now has:—

- 15 at Moncreiffe Scheme.
- 42 at Letham Scheme.
- 9 at Muirton Scheme.
- 6 being built at Craigie Place.

Under the present programme 10 per cent of houses being built are being ear-marked for aged persons.

**Handicapped Persons:** Substantially and permanently handicapped persons, where known, were visited and helped with advice and other assistance. The teacher for Homebound Persons from Anton House, Broughty Ferry, trained and supervised in handicrafts quite a number of such handicapped persons in the City, i.e. in rugmaking, jewellery making, embroidery, etc.

On 21st March, 1961, a Club for substantially handicapped persons was opened in the premises of the Old People's Club at 62 Tay Street. Ex-Bailie Adam Maclean presided at the opening and wished the Club every success. The Club meets at 2.30 p.m. on the first and third Tuesdays of each month.

**Removals:** There were no compulsory removals under this Act, from their homes of people needing care and attention.

**Care of Property:** The care of movable property and houses of four persons was undertaken under the Act.

**Burials:** Two burials were arranged during the year under the Act.

**Voluntary Organisations:** The undernoted bodies actively interested in the welfare of handicapped persons functioned as follows:

- The Perthshire and Kinross-shire Society for the Blind.
- The Perth Mission to the Deaf and Dumb.



The Perth Branch of the Multiple Sclerosis Society.

The Perth Branch of the British Diabetic Association.

The Perth & Perthshire Group of the Infantile Paralysis Association.

The Perth Hard of Hearing Club.

The Perth Branch of the Scottish Society for Mentally Handicapped Children.

The Perth & Perthshire Voluntary Association for Mental Health.

Appreciation is acknowledged of the excellent work carried out by these organisations.

In the field of welfare for the aged, the Perth Old People's Welfare Council continued its steady progress. Its excellent Club premises in Tay Street, its system of visitation, regular meetings, entertainments, and holidays to England, show that it is certainly endeavouring to live up to its name. It is hoped all who are able will make regular use of the very fine premises provided for retired persons at 62 Tay Street.

Other bodies doing good work for aged persons continued as before, viz:

Old Age Pensioners Association.

Indigent Old Men's Society.

Society for Relief of Indigent Old Ladies.

### **D.H.S. CIRCULAR No. 99/1961.**

**Future of Local Health Authority Services:** In D.H.S. Circular No. 99, 1961 the Secretary of State has asked Medical Officers of Health to try to assess the changes to be expected in public health services within the next five years. In answering this query I would say that I have found that the demand on the time of staff increases each year for services such as child welfare and the school medical service, despite the fact that in recent years these services have been considered in certain quarters as in need of contraction. With regard to the expansion of existing services and the introduction of new ones, so much depends on the amount of money available and at present this would appear to diminish each year. All the essential services are at present being provided.

It may be worth while considering the transfer of the Home Nursing and Midwifery Services to the Hospital Service. The uptake of welfare foods continues to diminish each year, and it is felt that considerable economy could be achieved by making such foods available at chemist shops.

**Community Care:** Whilst it is impossible to provide actual figures of the number of hospital beds saved as a result of community care provided, there is no doubt that large numbers of persons, but for the home nursing, domestic help, meals on wheels, and chiropody services, would have to be cared for in hospital.

**Health Education:** The citizens of Perth are probably one of the most health conscious communities in the country. This is shown by their response to X-Ray campaigns, and appeals for vaccination and immunisation. Every year more and more organisations request the services of a lecturer from the Health Department to speak on some health topic. These lectures are always extremely well attended.

TABLE No. 1.  
VITAL STATISTICS.

Estimated Population (middle of 1961), 40,893. Area of Burgh, 4,237 acres.  
 Population (1951 Census), 40,466. No. of Inhabited Houses, 13,662  
 Estimated Pre-School Population, 3,420. Rateable Value, (1961/62) £827,966  
 Estimated School Population, 6,810.

	Cor- rected Number	Rate per 1,000 of estimated Popu- lation	Corres- ponding Rate for 1960	Rate for	
				Scot- land	Large Burghs
Births (total live births) .	712	17.4	17.9	19.5	21.0
Births—Illegitimate (per 100 live births) . . . .	38	5.3	6.0	4.6	3.9
Still births (per 1,000 births, including still births) .	21	29.0	16.0	21.0	22.0
Deaths (all causes) . . .	548	13.4	11.5	12.3	11.8
Tuberculosis (all forms) .	3	.07	.05	.09	.11
Tuberculosis (respiratory)	2	.05	.05	.08	.10
Epidemic Diseases . . .	—	—	—	.08	.06
Children under 1 year (per 1,000 live births) . . .	13	18	28	26	25
Children under 1 month (per 1,000 live births) .	9	13	19	17.9	—
Women in childbirth (per 1,000 births, including still births) . . . .	—	—	—	.4	—

TABLE No. 2.

## DEATHS FROM INFECTIOUS AND CONTAGIOUS DISEASES.

	Number	Rate per 1,000 of the Population	Corresponding Rate for 1960
Deaths from Tuberculosis (Respiratory). . . .	2	.05	.05
Deaths from Tuberculosis (Non-Respiratory) . . .	1	.02	—

TABLE No. 3.

## DEATHS FROM SYSTEMIC DISEASES.

	Number	Rate per 1,000 of the Population	Corresponding Rate for 1960
Diseases of the Cardio- Vascular System . . .	197	4.8	3.6
Cancer . . . . .	103	2.5	2.0
Diseases of the Respiratory System (Non-Tuber- culous) . . . . .	48	1.17	.9
Diseases of the Digestive System. . . . .	15	.36	.4
Diseases of the Genito- Urinary System . . .	11	.27	.26
Diseases of the Nervous System. . . . .	109	2.66	2.49

TABLE No. 4.  
INFANTILE DEATHS.

	Under 1 week		1 and under 4 weeks		1 and under 3 months		3 and under 6 months		6 and under 12 months		Total		Total
	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	
Birth Injuries, Atelectasis, Prematurity . . . . .	3	3	-	-	-	-	-	-	-	-	3	3	6
Congenital Malformations . . . . .	1	-	-	-	-	-	-	-	-	-	1	-	1
Bronchitis & Pneumonia . . . . .	1	-	1	-	2	-	-	1	1	-	5	1	6
Totals . . . . .	5	3	1	-	2	-	-	1	1	-	9	4	13

TABLE No. 5.  
MORTALITY AT THE DIFFERENT AGE GROUPS.

	1960			1961		
	M.	F.	Total	M.	F.	Total
Under 1 year . . .	16	5	21	9	4	13
1 and under 5 years . . .	—	1	1	—	1	1
5 and under 10 years . . .	—	—	—	1	—	1
10 and under 15 years . . .	—	—	—	1	—	1
15 and under 25 years . . .	—	—	—	1	1	2
25 and under 35 years . . .	2	1	3	3	2	5
35 and under 45 years . . .	4	8	12	9	2	11
45 and under 55 years . . .	14	17	31	30	22	52
55 and under 65 years . . .	44	26	70	55	33	88
65 and under 75 years . . .	54	60	114	79	60	139
75 and under 85 years . . .	60	104	164	64	108	172
85 years and over . . .	19	39	58	21	42	63
Totals . . .	213	261	474	273	275	548

TABLE No. 6.

## INFECTIOUS DISEASES.

## AGE INCIDENCE OF CONFIRMED CASES OF INFECTIOUS DISEASE NOTIFIED DURING 1961.

	Under 1	1 and under 5	5 and under 15	15 and under 25	25 and under 35	35 and under 45	45 and under 65	65 and upwards	TOTAL	Cases re-moved to Hospital	Cases re-moved to Hosp.
Dysentery . . .	—	—	—	—	—	—	5	—	5	1	4
Erysipelas . . .	—	—	—	—	—	—	—	1	1	1	—
Food Poisoning . . .	—	—	—	—	—	1	2	—	3	2	1
Scarlet Fever . . .	—	4	5	—	—	—	—	—	9	2	7
Tuberculosis . . .	—	—	—	—	—	—	—	—	—	—	—
Respiratory Tuberculosis . . .	—	4	4	2	1	3	10	1	25	15	10
Non-Respiratory Whooping Cough . . .	—	—	—	—	—	2	1	—	3	3	—
	1	4	2	—	—	—	—	—	7	1	6
TOTALS . . .	1	12	11	2	1	6	18	2	53	25	28

TABLE No. 7.

## INFECTIOUS DISEASES.

MONTHLY INCIDENCE OF CONFIRMED CASES OF INFECTIOUS DISEASES NOTIFIED DURING 1961.

	Dysentery	Erysipelas	Food Poisoning	Scarlet Fever	Tuberculosis Respiratory	Tuberculosis Non-Respiratory	Whooping Cough	TOTAL
January	—	—	—	2	1	—	—	3
February	—	—	—	3	5	—	—	8
March	—	—	—	—	2	—	—	2
April	—	—	3	—	—	—	—	3
May	—	—	—	—	—	—	—	2
June	—	—	—	—	2	—	—	2
July	1	—	—	—	3	—	3	7
August	—	—	—	—	1	—	—	1
September	—	—	—	2	1	—	1	4
October	4	—	—	—	1	—	—	6
November	—	1	—	1	3	1	—	5
December	—	—	—	1	6	2	3	6
TOTALS	5	1	3	9	25	3	7	53

TABLE No. 8.  
SCHOOL HEALTH SERVICE.  
SCHOOL MEDICAL INSPECTIONS CARRIED OUT BY THE MEDICAL OFFICERS OF THE  
CITY HEALTH DEPARTMENT.

Entrants	9 year olds	13 year olds	16 year olds	Other age groups	Vision Examinations	Special	Re-examinations	Employed Children	TOTAL
611	701	789	212	26	558	339	106	—	3342
No. of Sessions conducted at Schools			No. of Special Visits to Schools			No. of Clinic Sessions			
142			5			37			



**SCHOOL MEDICAL INSPECTIONS  
CARRIED OUT BY THE MEDICAL OFFICERS OF THE CITY HEALTH DEPARTMENT.**

	Total No. Examined.	Children with no Defects.		Children with Dirty Heads.		Children with Squints.		Children with Ear, Nose and Throat Conditions		Children with Other Conditions.	
		No.	Percentage	No.	Percentage	No.	Percentage	No.	Percentage	No.	Percentage
Entrants . . . .	611	420	68.7	-	-	17	2.8	74	12	172	28
Nine year olds . .	701	585	83.4	5	.7	3	.4	26	3.7	124	17.6
Thirteen year olds .	789	640	81.1	2	.25	4	.5	29	3.7	134	17
Sixteen year olds . .	212	193	91	-	-	-	-	1	.5	20	9.9
Other Age Groups . .	26	17	65.4	-	-	2	8	3	11.5	7	27
Totals . . . .	2339	1855	79.2	7	.3	26	1.1	133	5.7	457	19.5

Table No 10.

**SCHOOL HEALTH SERVICE—VISITS BY HEALTH VISITORS.**

No. of Visits paid to the Schools	No. of Cleanliness Inspections Carried out	No. of other Examinations Carried out	No. of visits paid to children's homes
392	19,051	878	63

TABLE No 11.  
VACCINATIONS.

	Typical Vaccinia greatest at 7th-10th Day	Accelerated (Vaccinoid) Re-action, 5th-7th Day	Re-action greatest at 2nd-3rd Day	No local Re-action	TOTAL
No. Vaccinated at Child Welfare Centres . . . . .	311	—	—	23	334
No. Vaccinated by General Practitioners . . . . .	384	—	—	13	397
Totals	695	—	—	36	731

TABLE No 12.  
RE-VACCINATIONS.

	Typical Vaccinia greatest at 7th-10th Day	Accelerated (Vaccinoid) Re-action, 5th-7th Day	Re-action greatest at 2nd-3rd Day	No local Re-action	TOTAL
No. Re-vaccinated at Child Welfare Centres . . . . .	—	—	1	—	1
No. Re-vaccinated by General Practitioners . . . . .	66	16	32	13	127
Totals	66	16	33	13	128

TABLE No. 13.  
DIPHTHERIA IMMUNISATION.

	Year of Birth							TOTAL
	1955 or earlier	1956	1957	1958	1959	1960	1961	
No. Immunised at Child Welfare Centres	3	4	7	14	20	159	153	360
No. Immunised by General Practitioners	4	4	—	7	13	193	207	428
Totals	7	8	7	21	33	352	360	788

TABLE No. 14.  
DIPHTHERIA IMMUNISATIONS — MAINTENANCE INOCULATIONS

	YEAR OF BIRTH									TOTAL
	1952	1953	1954	1955	1956	1957	1958	1959		
No. Immunised at Child Welfare Centres .	3	—	4	—	95	4	—	3	109	
No. Immunised by General Practitioners .	2	1	1	24	126	3	—	—	157	
No. Immunised by School Medical Officers .	356	—	—	2	237	—	—	—	595	
TOTALS . . . . .	361	1	5	26	458	7	—	3	861	

TABLE No. 15.  
DIPHTHERIA IMMUNISATIONS

Year	Total No. Immunised	Year	Total No. Immunised	Year	Total No. Immunised
1940	690	1948	857	1956	783
1941	1690	1949	909	1957	529
1942	488	1950	897	1958	723
1943	502	1951	764	1959	655
1944	600	1952	623	1960	615
1945	588	1953	648	1961	788
1946	478	1954	690		
1947	658	1955	762		

TABLE No. 16.  
VACCINATION AGAINST POLIOMYELITIS

	No. Vaccinated with two Injections					Total No. who have had 3rd Injection	Total No. who have had 4th Injection
	Children Born in 1961	Children under 15 years	Persons aged 15-25	Persons aged 25-40	TOTAL		
No. Vaccinated during 1956	—	380	—	—	380	—	—
No. vaccinated during 1957	—	2826	—	—	2826	—	—
No. Vaccinated during 1958	—	4050	738	182	4970	1	—
No. Vaccinated during 1959	—	2287	2530	402	5219	9508	—
No. Vaccinated during 1960	—	678	209	2037	2924	4129	—
No. Vaccinated during 1961	140	780	145	623	1688	1588	4179
TOTALS	140	11,001	3,622	3,244	18,007	15,226	4,179

TABLE No. 17.

## TUBERCULOSIS.

RETURN OF CASES NOTIFIED DURING THE YEAR IN WHICH DIAGNOSIS OF TUBERCULOSIS HAS BEEN CONFIRMED.

	Under 1	1 and under 5	5 and under 15	15 and under 25	25 and under 35	35 and under 45	45 and under 65	65 and upwards	Total
Males	—	3	—	—	1	2	9	1	16
Females	—	1	4	2	—	1	1	—	9
Total	—	4	4	2	1	3	10	1	25
Males	—	—	—	—	—	1	—	—	1
Females	—	—	—	—	—	1	1	—	2
Total	—	—	—	—	—	2	1	—	3
TOTAL RESPIRATORY AND NON- RESPIRATORY	—	4	4	2	1	5	11	1	28

TABLE No. 18

## TUBERCULOSIS.

RETURN OF NUMBER OF PERSONS RESIDENT IN THE AREA AT 31st DECEMBER, 1961, WHO WERE KNOWN TO BE SUFFERING FROM TUBERCULOSIS.

		Number of cases in Age Groups								
		Under 1	1 and under 5	5 and under 15	15 and under 25	25 and under 35	35 and under 45	45 and under 65	65 and upwards	Total
RESPIRATORY	Males	—	5	11	15	37	41	79	11	199
	Females	—	1	20	22	51	28	25	1	148
	Total	—	6	31	37	88	69	104	12	347
NON-RESPIRATORY	Males	—	—	3	1	3	2	1	3	13
	Females	—	—	3	2	3	3	5	1	17
	Total	—	—	6	3	6	5	6	4	30
TOTAL RESPIRATORY AND NON-RESPIRATORY		—	6	37	40	94	74	110	16	377

TABLE No. 19.

RETURN OF NUMBER OF PERSONS WHO DIED FROM TUBERCULOSIS IN THE AREA DURING THE YEAR, WITH PARTICULARS AS TO PERIOD ELAPSING BETWEEN NOTIFICATION AND DEATH.

	Respiratory		Non-Respiratory	
	Males	Females	Males	Females
Not notified or notified only at or after death .	—	—	—	—
Notified less than 1 month before death .	—	—	—	—
Notified from 1 to 3 months before death .	—	—	—	—
Notified from 3 to 6 months before death .	—	—	—	—
Notified from 6 to 12 months before death .	—	—	—	—
Notified from 1 to 2 years before death .	—	—	—	—
Notified over 2 years before death .	2	—	1	—
Totals . . .	2	—	1	—

TABLE No. 20.

RETURN SHOWING THE NUMBER OF CASES OF RESPIRATORY TUBERCULOSIS WHO RECEIVED TREATMENT  
IN SANATORIA DURING THE YEAR.

		In Hospital on January 1st	Admitted during year	Discharged during year	Died in the Institutions	In Hospital on December 31st
Children under 15 years	Males	—	—	—	—	—
	Females	—	2	2	—	—
Persons aged 15-45 years	Males	1	3	2	—	2
	Females	2	3	5	—	—
Persons aged 45 years and over	Males	4	11	6	2	7
	Females	—	3	2	—	1
	TOTALS	7	22	17	2	10



TABLE No. 21.

## B.C.G. VACCINATION.

	No. Tuberculin Tested		Negative Re-actors		No. Successfully Vaccinated	
	M.	F.	M.	F.	M.	F.
(a) Nurses . . . . .	4	42	—	3	—	3
(b) Medical students . . . . .	—	—	—	—	—	—
(c) Contacts . . . . .	43	39	41	37	41	35
(d) Special Groups not included in above						
(i) School leavers . . . . .	562	586	507	533	507	533
(ii) New-born babies . . . . .	—	—	—	—	—	—
(e) Others . . . . .	—	—	—	—	—	—
Totals	609	667	548	573	548	571

TABLE NO. 22  
B.C.G. VACCINATION — SCHOOL CHILDREN

	No. of Forms Issued	Acceptances		Total No. Tested	Children with Positive Reaction		Children with Negative Reaction & Vaccinated	
		No.	Percent-age		No.	Percent-age	No.	Percent-age
<b>Perth Academy:</b> Boys (1948's) Girls (1948's)	109 116	108 109	99 94	95 94	8 4	8.5 4.25	87 90	91.5 95.75
<b>Perth High School</b> Boys (1948's) Girls (1948's)	161 164	157 159	97.5 97	131 140	11 17	8.4 12	120 123	91.6 88
<b>St. John's School</b> Boys (1948's) Girls (1948's)	21 41	20 35	95 85	13 25	1 1	8 4	12 24	92 96
<b>Goodlyburn Sec.:</b> Boys (1948's) Girls (1948's)	73 67	72 65	99 97	60 52	9 7	15 13.5	51 45	85 86.5
<b>Occupation Centre:</b> Boys (1948's) Girls (1948's)	2 2	2 2	100 100	2 2	1 1	50 50	1 1	50 50
<b>TOTAL</b>	756	729	96.5	614	60	9.8	554	90.2
Absentees, etc.	—	—	—	39	1	2.6	38	97.4

TABLE No. 23.  
BIRTH NOTIFICATIONS.

Burgh Cases		Other Areas	TOTAL	Stillborn	Premature	Illegitimate
Male	Female					
349	346	550	1245	33	74	51
Midwife only present at Confinement	Doctor only present at Confinement	Both Doctor and Midwife present at Confinement	Baby born before arrival of doctor or midwife	TOTAL		
776	6	463	—	1245		
Domiciliary	No of Births occurring in Perth Royal Infirmary	No. of Births in a private Nursing Home	TOTAL			
233	941	71	1245			

TABLE No. 24.

## DOMICILIARY MIDWIFERY SERVICE.

	Midwives employed by Local Authority	Midwife on Retaining fee basis	Total
No. of applications received during the year	232	41	273
No. of Domiciliary Births during the year.	186	47	233
Midwife only present at Confinement	147	45	192
Doctor only present at Confinement	2	—	2
Both Doctor and Midwife present at confinement	37	2	39
Neither doctor nor midwife present at the confinement	—	—	—
No. who had been booked for domiciliary confinement but who on account of abnormalities or unsuitable housing accommodation were sent to and confined in Hospital.	7	2	9

PARTICULARS OF THE WORK CARRIED OUT BY THE MIDWIVES  
EMPLOYED BY THE LOCAL AUTHORITY

Ante-Natal Visits			No. of Births conducted alone	No. of Births conducted with doctors	No. of Puerperal Visits	TOTAL
Initial	Revisits	TOTAL				
265	2434	2699	192	41	3955	6887

TABLE No. 25.  
MATERNITY DEPARTMENT—PERTH ROYAL INFIRMARY.

No. of Births occurring in the Maternity Department		Total No. of Attendances at the Ante-natal Clinic		No. of Persons attending the Ante-natal Clinic	
Perth City	Perth & Fife Counties	Perth City	Perth & Fife Counties	Perth City	Perth & Fife Counties
426	515	941	4758	2440	7198
				510	512
					1022

TABLE No. 26.  
THE WORK OF THE HEALTH VISITORS.

	Initial Visits	Total No. of Visits	Total No. Visited
Children under 1 year . . . . .	711	5702	733
Children 1 to 5 years . . . . .	20	6230	2591
Expectant Mothers . . . . .	482	731	622
Tuberculosis Cases . . . . .	22	636	447
Aged Persons . . . . .	394	538	394
Visits on behalf of Almoners . . . . .	49	131	49
Visits on behalf of General Practitioners . . . . .	5	11	5
Others . . . . .	95	190	95
Totals . . . . .	1778	14169	4936

TABLE No. 27.  
CHILD WELFARE CENTRES.

	No. of Children attending for first time during the year			Total No. of children attending during the year		
	Under 1	Over 1	TOTAL	Under 1	Over 1	TOTAL
South Street . . .	242	11	253	279	279	578
Muirton . . .	96	3	99	108	156	264
Letham . . .	150	18	168	166	222	388
TOTAL . . .	488	32	520	553	657	1230
	Number of Attendances at Clinics					TOTAL
	Consultation Clinic	Seen by Nurses	TOTAL	Under 1	Over 1	
South Street . . .	1697	4222	5919	5058	861	5919
Muirton . . .	637	2169	2806	2372	434	2806
Letham . . .	1207	4034	5241	4440	801	5241
TOTAL . . .	3541	10425	13966	11870	2096	13966

TABLE No. 28.

## DENTAL CARE.

	No. of Examinations	No. of Extractions	No. of Fillings	No. of Dentures supplied	Other Treatments
Expectant Mothers . .	427	593	754	88	221
Nursing Mothers . .	446	659	943	89	235
Pre-School Children . .	710	693	727	—	172
TOTALS	1583	1945	2424	177	628



TABLE No. 29.  
ULTRA-VIOLET RAY CLINICS.

	First Attendances	Number Attending	Total Attendances
Child Welfare Centre South Street.	16	53	165

TABLE No. 30.  
FLORENCE PLACE NURSERY.

No. of places pro- vided at end of the year		No. of places taken up at the end of the year		Average daily attendance		Total attendances
Under 2	Aged 2-5	Under 2	Aged 2-5	Under 2	Aged 2-5	
22	28	15	32	11.6	24	9036

TABLE No. 31.  
HOME HELP SCHEME.

	No. of cases who received assistance.
Maternity Cases	15
Cases of Illness	48
Aged Persons	217
Tuberculosis Cases	3
Blind Persons	2
<b>TOTAL</b>	<b>285</b>

No. of Home Helps employed at the end of  
the year

45

Total No. of hours worked by Home Helps  
during the year.

53,920

No. of visits paid in connection with the  
Home Help Scheme.

<i>Initial</i>	<i>Revisits</i>	<i>TOTAL</i>
168	982	1150

TABLE No. 32.

## HOME NURSING SERVICE.

	No. of Persons Visited				No. of Visits Paid			
	Medical	Surgical	Tubercu- losis	TOTAL	Medical	Surgical	Tubercu- losis.	TOTAL
Pre-school Children	11	6	—	17	36	30	—	66
School Children	9	5	—	14	26	12	—	38
Persons aged 16-65 years	146	43	5	194	1669	714	251	2634
Aged persons	344	67	—	411	9832	2456	—	12288
TOTALS	510	121	5	636	11563	3212	251	15026

TABLE No. 33.

## VENEREAL DISEASES.

## NEW CASES.

	Syphilis		Gonorrhoea	Venereal conditions other than Syphilis and Gonorrhoea	Total Venereal	Non-Venereal
	Acquired	Congenital	Total			
Perth City Cases attending the Perth and Dundee Clinics.	4	-	4	43	92	17

TABLE No. 34.  
WELFARE SERVICES — HANDICAPPED PERSONS.

NATURE OF HANDICAP	Under 5 years	5-14 years	15-24 years	25-34 years	35-44 years	45-54 years	55-64 years	65 years and over	TOTAL
Mentally Handicapped :									
At home . . . . .	15	17	14	9	5	8	1	1	70
In Institutions . . . . .	1	8	20	13	8	2	—	—	52
Deaf and Dumb . . . . .	1	4	2	4	2	2	6	2	23
Blind . . . . .	—	2	2	—	2	6	7	33	52
Partially Sighted . . . . .	—	1	1	—	3	—	1	6	12
Epilepsy . . . . .	—	15	21	4	3	—	1	1	45
Disseminated Sclerosis . . . . .	—	—	1	1	9	11	5	4	31
Rheumatism and Allied Conditions . . . . .	—	—	—	—	—	1	3	4	8
Orthopaedics, including Poliomyelitis . . . . .	—	3	8	2	3	6	1	1	24
Spastics . . . . .	2	17	8	1	3	—	—	2	33
Heart Diseases . . . . .	—	—	—	—	1	2	—	—	3
Miscellaneous . . . . .	—	—	1	2	4	4	1	1	13
TOTAL . . . . .	19	67	78	36	43	42	26	55	366

TABLE No. 35.  
HOME ACCIDENT CASES ADMITTED TO HOSPITAL DURING 1961

CAUSE OF ACCIDENT	AGE GROUPS									Whether Preventible P. ?	FATAL	NON-FATAL
	0-10	10-20	20-30	30-40	40-50	50-60	60-70	70-80	80+			
Poisoning by solid and liquid substances ...	2	—	1	2	1	—	—	—	—	6	—	6
Poisoning by gases and vapours ...	—	—	—	—	—	—	—	1	—	1	—	1
Falls:												
On Stairs ...	6	1	—	—	—	—	—	1	1	2	—	9
From one level to another ...	8	2	—	—	2	2	2	—	1	10	—	16
On same level ...	3	1	—	1	3	2	4	5	5	12	2	22
Unspecified ...	—	1	—	—	—	—	1	1	—	3	—	3
Burns by clothing ...	—	—	—	—	—	—	—	—	—	—	—	—
Burns by falling into fire	1	—	—	—	—	1	—	1	—	2	2	1
Hot Substances, corrosive liquid or steam ...	—	1	—	—	—	—	—	—	1	2	—	2
Inhalation and ingestion of food causing obstruction ...	—	—	—	—	—	—	—	—	—	—	—	—
Other accidents...	5	3	1	—	—	—	—	1	—	6	—	10
TOTALS ...	25	9	2	3	6	5	7	10	8	44	4	70

TABLE NO. 36  
ACCIDENT CASES (OTHER THAN HOME ACCIDENTS) ADMITTED TO HOSPITAL DURING 1961

CAUSE OF ACCIDENT	AGE GROUPS										FATAL	NON-FATAL
	0-10	10-20	20-30	30-40	40-50	50-60	60-70	70-80	80+	TOTAL		
<b>SCHOOL:</b>												
Falls in Playground ...	5	1	—	—	—	—	—	—	—	6	—	6
Falls in Gym. ...	—	—	—	—	—	—	—	—	—	—	—	—
Falls at Games ...	—	—	—	—	—	—	—	—	—	—	—	—
Other injuries sustained at Games ...	1	—	—	—	—	—	—	—	—	1	—	1
<b>WORK:</b>												
Falls ...	—	1	—	—	3	—	—	—	—	4	—	4
Falling objects ...	—	—	—	—	—	—	—	—	—	—	—	—
Burns ...	—	—	—	—	—	—	—	—	—	—	—	—
Lacerations ...	—	1	1	1	—	1	—	—	—	4	—	4
Unspecified Causes ...	—	1	1	—	—	3	—	—	—	5	—	5
Knocked down, working on roads ...	—	—	—	—	—	—	—	—	—	—	—	—
<b>ROAD:</b>												
Vehicular ...	8	8	9	2	6	4	5	7	—	49	1	48
Non-Vehicular ...	1	2	1	2	1	1	3	2	1	14	—	14
Others and Unspecified causes ...	5	13	5	—	2	2	2	2	—	31	1	30
<b>TOTALS</b>	20	27	17	5	12	11	10	11	1	114	2	112

# Report by Sanitary Inspector

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Sanitary Department,  
22 York Place,  
Perth.

*To the Department of Health for Scotland and the Lord Provost, Magistrates  
and Council of the City of Perth.*

My Lord Provost, Lady and Gentlemen,

I have the honour to present my seventeenth Annual Report on the work of the Sanitary Department of the City of Perth for the year 1961.

## PREFACE

The work over the past year has been of consolidation rather than spectacular advance. In the field of food hygiene progress was maintained on works carried out in food premises whilst in housing, clearance areas were declared in two central parts of the City. The number of Corporation houses made available to new tenants was 596 which is 98 fewer than the previous year.

## CLEARANCE AREAS

### Meal Vennel

It is pleasing to report that the new City Centre has been opened and the development is one of which the City of Perth can justifiably be proud. It comprises shops, offices and dwelling houses giving the central part of the City modern buildings where once stood old dilapidated dwelling houses. The wind of change has never blown to better advantage.

### Leonard Street East Side Nos. 1 and 2.

Although 11 houses were demolished in these areas it is disappointing to note that the progress hoped for in my last report had not materialised. The acquisition of property where the owners could not be traced has presented difficulty and compulsory purchase powers will have to be invoked. At the end of the year however only 8 tenants of houses and 6 shops were still in occupation.

### High Street Area No. 1 North Side

The site is still being used as a car park.

### 3-5 Melville Street Front Land — Left Stair and 3 Melville Street (Backland)

The only remaining occupier in the back-land was still in occupation at the end of the year but it is hoped to have this one rehoused at an early date.



The following three areas were declared Clearance Areas during the year:—

### **Whitefriars Street (North Side) Part.**

### **Longcauseway, South Side (Part) and Rose Lane, West Side.**

This area comprises 6 property blocks and involves 29 houses and 1 shop. 16 of the houses had already been closed by voluntary undertaking and at the end of the year the shop had been vacated and 7 houses were still in occupation.

### **Paul Street West Side**

This area comprises 3 property blocks and also involves 29 houses. 6 of the houses had already been closed by voluntary undertaking and at the end of the year the position was substantially the same.

### **High Street North Side (Part)**

### **Paul Street, East Side, and West Mill Street, South Side**

This area comprises 12 property blocks and involves 81 houses and 5 shops. 30 of the houses had already been closed by voluntary undertaking and the position at the end of the year was again substantially the same.

Delays in dealing with present Clearance Areas means that future areas proposed are subject to postponement and the overall plan envisaged held up. If the properties in clearance areas could be more expeditiously acquired then the delays would be considerably reduced.

### **Individual Unfit Houses**

During the year undertakings were received from owners not to relet the following houses which were unfit for human habitation:—

<b>Property</b>	<b>No. of houses</b>	<b>Order</b>
2 Back Wynd	1	Corporation Property
5 Back Wynd	1	Undertaking
25 Barossa Street	1	"
27 Canal Street	1	"
17 Cutlog Vennel	1	Corporation Property
100 High Street	1	Undertaking
208 High Street	1	"
231 High Street	1	"
62 Longcauseway	1	Corporation Property
22 Princes Street	2	Undertaking
47 Princes Street	4	"
59 South Street	6	"
64 South Street	1	"
194 South Street	2	"
22 Thimble-row	1	Corporation Property
36 Whitefriars Street	1	"
	—	
	26	
	—	

Voluntary Undertakings were obtained in respect of 26 houses, 24 of these were vacated during the year, 1 tenant was rehoused from a house for which a Voluntary Undertaking was obtained in 1960 and 3 tenants were rehoused from houses for which Voluntary Undertakings were obtained in 1956. A total of 28 houses were actually closed during the year.

## DEMOLITION

The undernoted properties were demolished during the year:—  
Houses in or adjoining Clearance Areas.

	No. of Houses
85-101 Leonard Street . . .	11
20 Hospital Street . . .	4
	<hr/>
	15
Houses outwith Clearance Areas.	
25-33 Hospital Street . . .	10
59 New Row . . .	6
136 High Street . . .	4
146 High Street . . .	3
137 High Street . . .	2
17 Cutlog Vennel . . .	3
	<hr/>
	28
	<hr/>

The total number of houses demolished during the year was 43.

## HOUSING (Repairs and Rents) (Scotland) Act, 1954 — RENT Act, 1957.

No applications were received during the year but one received in 1960 was still under consideration.

## PROVISION OF NEW HOUSES

During the year new houses were provided as follows:—

Private houses completed:—

	up to 2 apt.	3 apt.	4 apt.	5+ apt.	Total
31:3:61 . . . . .	—	9	7	2	18
30:6:61 . . . . .	—	17	4	3	24
30:9:61 . . . . .	—	16	5	1	22
31:12:61 . . . . .	—	9	7	1	17
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
	—	51	23	7	81

Private houses under construction:—

—	5	4	19	28
---	---	---	----	----

### L.A. houses completed:—

	up to 2 apt.	3 apt.	4 apt.	5+apt.	Total
Letham, Contract No. 24 .	—	39	14	—	53
Letham Contract No. 25 .	18	—	—	—	18
Letham Contract No. 26 .	—	26	31	—	57
Letham Contract No. 28 .	—	—	14	—	14
Friarton Place . . . . .	3	17	—	—	20
Meal Vennel Redevelopment	8	17	2	—	27
Muirton . . . . .	9	—	—	—	—
	38	99	61	—	198

### L.A. houses under construction:—

Letham, Contract No. 26 .	—	31	21	—	52
Letham Contract No. 27 .	—	9	6	—	15
Letham Contract No. 28 .	14	53	39	4	110
Letham Contract No. 29 .	18	22	72	2	114
Craigie Place . . . . .	6	—	—	—	6
	38	115	138	6	297

## HOUSING IMPROVEMENT GRANTS

During the year 8 applications by owners for Improvement Grants under the Housing (Scotland) Act, 1950 were approved by the Town Council and none refused.

## HOUSING STANDARD GRANTS

During the year 3 applications by owners for Standard Grants under the Housing (Scotland) Act, 1950 were approved by the Town Council and none refused.

## POINTS SYSTEM

327 visits of inspection were made in connection with unfitness points and the results notified to the City Factor, along with medical points by the Medical Officer of Health in health cases.

## DISINFESTATION OF BUG INFESTED FURNITURE AND BEDDING

414 houses were examined for the presence of bedbugs prior to the removal of tenants to Corporation houses. No evidence of bedbugs was found in the course of these inspections.

## OVERCROWDING

During the year 270 overcrowding cases were rehoused, 161 being tenants of houses and 109 occupying sub-let rooms.

## GENERAL SANITATION.

288 nuisances were discovered or complained of and 37 intimations under Section 19 and 7 notices under Section 20 of the Public Health (Scotland) Act, 1897 were served. 714 visits of inspection and enquiry were made.

## PAINTING OF COMMON STAIRS AND PASSAGES.

During the year 19 notices were served under the Burgh Police (Scotland) Act, 1892, Section 117 in respect of 31 stairs and passages involving 82 visits. In 30 cases, painting had been completed at the end of the year.

## CLEANSING AND SCAVENGING

Refuse is collected thrice weekly from premises in the centre of the City and other densely populated areas including Corporation Housing Schemes and twice weekly from premises in outlying districts. The refuse is conveyed to the Separation and Destruction Plant at Friarton, where salvage material is extracted. The remainder is burned and the dust and clinker taken to the tip at Newhouse Quarry.

There are 27 street sweeping beats in the City with a sweeper on each.

## OFFENSIVE TRADES

There are 6 offensive trades registered within the City.

Slaughterhouses.	.	.	.	.	2
Tallow Melting Works	.	.	.	.	1
Manure Manufacturers	.	.	.	.	3

During the year the Town Council agreed to the registration of a private slaughterhouse at a bacon factory. This, however, had not come into operation by the end of the year. The remainder were all conducted in a satisfactory manner and no complaints of nuisance were received.

## CLEAN AIR ACT, 1956.

The position with regard to the formation of a Smoke Control Area remains the same as the previous year when the Town Council agreed to defer consideration of the establishment of a Smoke Control Area on the grounds that they were not satisfied that adequate fuel supplies were available.

In industrial premises plans were passed for the installation of 2 oil fired boiler plants. One had been installed at the end of the year and the installation of underfeed stokers to 2 Lancashire Boilers were completed, the plans of which were approved earlier.

# FACTORIES ACT, 1937.

## 1. Inspections.

Premises	Number on Register	Inspections	Number of	
			Written notices	Occupiers prosecuted
1. Factories in which Sections 1, 2, 3, 4 and 6 are to be enforced by Local Authorities . . . . .	21	15	—	—
2. Factories not included in (1) in which Section 7 is enforced by the Local Authority . . . . .	296	217	4	—
3. Other Premises in which Section 7 is enforced by the Local Authority (including out-workers' premises)	19	12	—	—
Total . . . . .	336	244	4	—

2. Cases in which defects were found

Particulars	Number of cases in which defects were found				Number of cases in which prosecutions were instituted
	Found	Remedied	To H.M. Inspector	By H.M. Inspector	
Ineffective drainage of floors (S.6)	—	—	—	—	—
Sanitary Conveniences (S.7)	2	2	—	—	—
(a) Insufficient . . . . .	52	36	—	—	—
(b) Unsuitable or defective . . . . .	1	1	—	—	—
(c) Not separate for sexes . . . . .	—	—	—	—	—
Other offences against the Act not including offences relating to Outwork) . . . . .	—	—	—	—	—
Total . . . . .	55	39	—	—	—

## SANITARY CONDITIONS IN SCHOOLS

The undernoted improvements were carried-out in the City Schools during the year:—

**Perth Senior Academy:** Sanitary provision for Girls in the form of an incinerator installed. Improvements to acoustics in one of the new Music Rooms.

**Caledonian Road:** Store for Boys' cycles provided.

**Northern District:** Stair treads re-surfaced.

**St. John's R.C.:** Two rooms at Old Academy reconditioned as additional classrooms and furnished. Drainage of high playground improved.

**St. Ninian's:** Two classrooms re-floored. Hot water to scholars wash-hand basins installed.

**Cherrybank Dining Centre:** Improvements under Food Hygiene (Scotland) Regulations 1959 completed. Painter Work.

**Tulloch Cooking Centre:** Reorganisation of equipment. Improvements under Hygiene Regulations.

**Old Academy:** New toilet facilities for County Council Male Staff of departments accommodated in this building.

**General:** The programme of Interior Painter Work was continued in most of the City Schools.

## SHOPS ACT, 1950.

In addition to work carried out under the Food Hygiene Regulations the following works were carried out on shop premises during the year:—

**Dry Cleaners:** 1 w.c. and w.h.b. provided.

**Jeweller's:** 1 w.c. and w.h.b. provided.

**Boot & Shoe Shop:** Cloakroom with sink and w.c. apt. provided.

**Boot & Shoe Shop:** New staffroom with sink provided.

**Sports Equipment and Leather Goods:** 1 w.c. and 1 w.h.b. for males. 1 w.c. and 1 w.h.b. for females.

## COMMON LODGING HOUSE

The Model Lodging House at 14-36 Skinnergate continues to be kept in a very satisfactory condition. 89 persons can be accommodated in this Lodging House.



## **HOUSES LET-IN-LODGINGS.**

Six houses are registered as houses let-in-lodgings. These were the subject of regular inspection during the year.

## **CARAVANS**

The Town Council's Caravan Site at Cleeve was maintained in a satisfactory condition. A report was submitted to the Town Council following on an inspection made under the Caravan Sites and Control of Development Act, 1960. This was approved and work was commenced on the recommendations made.

There are no privately owned sites within the City area. The caravans on the South Inch during the periods of the fairs are well kept.

## **BURIALS**

Under Section 50 of the National Assistance Act, 1948, the Department made arrangements for the burials of 2 adults, 1 baby and 1 still born child during the year.

## **CITY MORTUARY**

The mortuary is under the control of the Sanitary Department and continues to be kept in a satisfactory condition.

## **BURIAL GROUNDS**

The three burial grounds within the Burgh are kept in a satisfactory condition under the supervision of the Superintendent of Parks and Cemeteries.

## **PIGGERIES**

These were inspected regularly and any matters requiring attention were brought to the notice of the person concerned and the work was carried out.

## **DISEASES OF ANIMALS (Waste Foods) ORDER, 1957.**

The number of premises licensed under the Order is 5, this being a decrease of 4, from the previous year. The terms of the Order were found to be met on inspections being made.

## **PREVENTION OF DAMAGE BY PESTS ACT, 1949.**

Operations under the Act were carried out by the operator employed by this Department under the supervision of the Assistant Sanitary Inspectors.

329 visits were made and poisoning carried out where necessary resulting in 424 rats and 207 mice being destroyed. This includes 287 rats and 13 mice at business premises and 137 rats and 194 mice at dwelling house property.

## WATER SUPPLY

I am indebted to Mr. S. G. Cockburn, Water Engineer and Manager for the following information:—

The total quantity of water distributed during the year ending 31st December, 1961 was 1,168,306,000 gallons, which figure includes a total of 33,406,000 gallons supplied to Perth County Council.

The quantities distributed within the Burgh were as follows:—

1. Metered Supplies	284,847,000	gallons
2. Unmetered Supplies (estimated figure)	42,000,000	gallons
3. Domestic Purposes	808,053,000	gallons.

The quantity shown above under Domestic Purposes was equivalent to 53.82 gallons per head per day.

## DRAINAGE

The following new sewers were laid during 1961:—

Letham	9" diameter	400 lin. yds.
	6" diameter	80 lin. yds.
Muirfield	9" diameter	630 lin. yds.
Bellfield Area, Linton Terr.,		
Anderson Drive and Craiglea Road.	9" diameter	250 lin. yds.
Tibbermore Gardens	9" diameter	200 lin. yds.
Muirend Road and Mavisbank Gardens	9" diameter	250 lin. yds.
Hamilton Place	12" diameter	65 lin. yds.
	9" diameter	420 lin. yds.

## INFECTIOUS DISEASE ENQUIRIES

During the year 17 visits of enquiry were made to houses in which cases of infectious disease had occurred and particulars of patients and contacts were obtained. 7 notices were sent to Headmasters of schools regarding exclusion periods of patients and contacts.

**Tuberculosis Disinfections:** Special attention is given to houses from which cases of Tuberculosis have been removed to Hospital or where deaths from the disease have taken place. Disinfections are also carried out at the request of the Medical Authorities when houses are vacated and it is considered advisable to have this done.

18 houses and 12 sets of bedding were disinfected.

## FOOD HYGIENE

Since their inception much has been achieved under the Food Hygiene (Scotland) Regulations. There is, however, no room for complacency as much remains to be done. The provision of facilities for washing hands is essential, but is to no avail if proper use is not made of the facilities provided by the food handlers. The importance of hand washing after a visit to the toilet cannot be stressed often enough or too strongly emphasised.

Progress has been maintained in works carried out as required by the Regulations. The difficulty now experienced is with regard to tradesmen. Delays in the execution of orders placed are being experienced due to the volume of work in hand.

The initial inspections made have now been followed up by a second visit of practically all food premises. It is pleasing to report that there has been a considerable improvement with regard to the conditions in bake-houses. Traders have been most co-operative and the good relations enjoyed have gone a long way in the implementation of the Regulations. Much more can be done by way of co-operation than by adopting a dictatorial attitude. Only in cases where there is a flagrant disregard to requests made should the statutory provisions be invoked.

## FOOD SUPPLY

**Milk Supply:** The inspection of the two creameries and all retail premises was carried out regularly during the year. All complaints were brought to the notice of the persons concerned and remedied, the various Acts, Orders and Regulations being complied with generally.

As requested by the Department of Health, the following particulars are given:—

(a) The number of retail purveyors of milk . . . . .	74
(b) The number of producers and wholesale dealers who do not sell milk by retail . . . . .	1
(c) The approximate average number of cows in registered premises . . . . .	10
(d) The number of dairies exempt from registration . . . . .	Nil
(e) The approximate average number of cows in premises exempt from registration . . . . .	Nil

All milk sold in the City is sold under special designation.

The following table shows the approximate quantities and per centage of milk sold daily in the City:—

	<i>Gallons</i>	<i>Percentage</i>
T.T. Pasteurised . . . . .	3,875	90.01
Certified . . . . .	270	6.27
Tuberculin Tested . . . . .	160	3.72
	<hr/> 4,305	<hr/> 100.00

**Pasteurisation Plants:** There are two creameries in the City at which milk is Pasteurised. Regular sampling and inspection was carried out during the year. All milk coming into the creameries is Tuberculin Tested.

The average daily production of the combined plants in the Burgh was:  
T.T. Pasteurised Milk . . . . . 5,175 gallons.

**Scottish Milk Testing Schemes:** All milk supplies coming into the creameries are tested by experienced milk testers. Any failures are promptly notified to the producers concerned and as a result of which milk standards are maintained at a high level.

During the year only 6 samples failed to comply with the Resazurin Test.

**School Milk:** Attention is given to school milk both in the creameries and at the schools. Regular sampling was carried out at the schools during the year. The number of samples taken was 29 and the following table gives the results of the bacteriologist's report on these.

	No. of Sample	Phosphatase		Coliform	
		Satisfactory	Unsatisfactory	Satisfactory	Unsatisfactory
Pasteurised ...	29	29	—	20	9

### MILK (Special Designations) (Scotland) ORDER

The following table gives the results of the bacteriologist's report on the examination of graded milk:—

# EXAMINATION OF MILK SAMPLES.

	Samples	Bacterial Count		Coliform		Phosphatase	
		Satis.	Unsatis.	Satis.	Unsatis.	Satis.	Unsatis.
T.T. Pasteurised	71	—	—	67	4	71	—
Certified	56	55	1	52	4	—	—
Certified Jersey	3	3	—	3	—	—	—
T.T. Milk	25	23	2	21	4	—	—
Totals	155	81	3	143	12	71	—

## ICE CREAM

During the year registration was granted in respect of 1 vehicle.

At the end of the year a total of 10 premises were registered for the manufacture, storage and sale of ice cream and 34 premises and 9 vehicles for the storage and sale of ice cream.

The following table gives the results of samples taken during the year for chemical examination:

No. of Sample	Fat per Cent.	No. of Sample	Fat per Cent.
80	11.09	84	3.72
81	7.61	85	6.66
82	5.67	86	6.03
83	5.95	87	6.89
		92	4.62

The average fat content was 6.47.

The following table gives the results of samples taken during the year for bacteriological examination:—

No. of Sample	Plate Count	Coliform	No. of Sample	Plate Count	Coliform
1	1,000	Absent	17	3,000	Absent
2	90,000	Present	18	54,000	Present
3	7,000	Absent	19	2,000	Absent
4	480,000	Present	20	3,000	Absent
5	5,000	Absent	21	42,000	Absent
6	1,000,000	Present	22	1,000,000	Present
7	2,000	Absent	23	49,000	Absent
8	5,000	Present	24	1,000	Absent
9	1,000,000	Present	25	464,000	Present
10	6,000	Absent	26	1,000	Absent
11	100,000	Present	27	36,000	Present
12	21,000	Absent	28	2,000	Absent
13	82,000	Absent	29	24,000	Absent
14	2,000	Absent	30	5,000	Absent
15	176,000	Absent	31	11,000	Absent
16	2,000	Absent	32	32,000	Absent

## INSPECTION OF MEAT AND OTHER FOODS.

**Meat:** The following tables, supplied by Mr. J. C. Cameron, B.E.M., Superintendent of the Abattoir, gives particulars of animals slaughtered in the Public Abattoir and the quantity of meat condemned there during the year.

The number of animals Slaughtered and Inspected was 81,659 comprising of :— 7,569 Bullocks, 50 Bulls, 472 Cows, 881 Heifers, 766 Calves, 22,424 Sheep, 41,951 Lambs and 7,546 Swine, which in comparison with returns for 1960 shows an increase of 941 Bullocks, 274 Heifers, 15 Calves, 3,127 Sheep, 1,040 Lambs and 303 Swine, but a decrease of 40 Bulls and 156 Cows. An all-over increase of 5,504 Animals.

The tables given in this report show in detail the class of animals slaughtered and the extent of which disease was prevalent.

### **MEAT GRADING**

Perth Abattoir is still approved by the Department of Agriculture as a Deadweight Certification Centre under the Government Fatstock Guarantee Scheme, and office accommodation is provided in the Office Block for the Meat Graders.



# ANIMALS SLAUGHTERED DURING THE YEAR ENDING 31st DECEMBER, 1961.

Table 1.

1961	Oxen	Bulls	Cows	Heifers	Calves	Sheep	Lambs	Swine	Totals
January .	529	4	65	38	80	7,014	57	596	8,383
February .	488	8	59	39	64	4,198	2	549	5,407
March .	607	6	48	45	95	4,024	20	595	5,440
April .	610	6	27	51	47	2,841	65	611	4,258
May .	725	2	38	94	44	1,408	454	806	3,571
June .	666	2	26	48	40	513	1,051	568	2,914
July .	629	3	11	88	45	390	1,490	626	3,282
August .	785	5	24	116	55	324	5,238	640	7,187
September .	621	6	25	91	79	443	7,752	528	9,545
October .	674	4	46	106	80	453	9,484	671	11,518
November .	626	2	57	91	70	474	9,152	665	11,137
December .	609	2	46	74	67	342	7,186	691	9,017
	7,569	50	472	881	766	22,424	41,951	7,546	81,659

# NUMBER OF ANIMALS WEIGHED.

8,972 Cattle, 64,375 Sheep and Lambs, 7,546 Swine, and 766 Calves.

Details of BOVINE TUBERCULOSIS during the Year Ending 31st December, 1961.

TABLE 2.

Class	Number Slaughtered	Number Affected with T.B.	% age seized with T.B.	Whole Carcases seized with T.B.	Parts of Carcases seized with T.B.	Whole Carcases Seized with other Diseases	Parts of Carcases seized with other Diseases
Oxen .	7,569	3	.0004	—	—	7	21
Bulls .	50	—	—	—	—	—	2
Cows .	472	—	—	—	—	37	27
Heifers.	881	—	—	—	—	3	7
Calves .	766	—	—	—	—	10	4
Sheep .	64,375	—	—	—	—	239	131
Swine	7,546	54	.0071	—	—	22	52

TABLE 3

	Oxen	Bulls	Cows	Heifers	Calves	Sheep	Swine	Total
Tuberculosis . . . . .	—	—	—	—	—	—	—	—
Tuberculosis Partial . . . . .	—	—	—	—	—	—	—	—
Emaciation . . . . .	—	—	2	—	1	—	—	27
Injury Part . . . . .	3	2	1	1	1	—	9	26
Extensive Bruising . . . . .	2	—	7	2	—	19	2	32
Part Bruising . . . . .	10	—	9	1	—	28	9	57
Multiple Tumor . . . . .	1	—	4	—	—	1	1	7
Generalised Oedema . . . . .	3	—	21	—	3	98	—	125
Oedema . . . . .	2	—	5	—	2	16	—	25
Septic Pleurisy . . . . .	—	—	—	—	1	26	1	28
Septic Pericarditis . . . . .	1	—	—	1	—	4	—	6
Septic Pneumonia . . . . .	1	—	1	—	—	9	1	12
Septic Arthritis . . . . .	1	—	—	—	—	8	1	10
Septic Peritonitis . . . . .	—	—	1	—	—	4	7	12
Arthritis . . . . .	—	—	3	1	—	33	20	57
Fevered Flesh . . . . .	—	—	—	—	—	22	—	25
Abscess . . . . .	—	—	3	1	3	34	8	47
Uraemia . . . . .	—	—	—	1	1	7	—	7
Pyæmia . . . . .	—	—	1	—	2	2	3	8
Peritonitis . . . . .	1	—	—	—	—	1	—	2
Pleurisy . . . . .	—	—	—	—	—	11	1	12
Decomposition . . . . .	—	—	—	—	—	1	—	1
Gangrenous Mastitis . . . . .	—	—	—	—	—	5	—	5
Septic Metritis . . . . .	—	—	—	—	—	1	—	1
Mastitis . . . . .	—	—	—	—	—	5	—	5
Acute Erysipelas . . . . .	—	—	—	—	—	—	2	2
Hernia . . . . .	—	—	—	—	—	4	—	4
Bone Taint . . . . .	1	—	—	—	—	—	—	1
Odour . . . . .	1	—	—	—	—	—	—	1
Pericarditis . . . . .	—	—	—	1	—	—	—	1
Necrosis . . . . .	—	—	—	—	—	—	—	1
Carcinoma . . . . .	1	—	—	—	—	1	—	1
Septicæmia . . . . .	—	—	—	—	—	5	—	9
Jaundice . . . . .	—	—	1	—	—	1	4	2
John's Disease . . . . .	—	—	3	—	—	—	—	3
	28	2	62	8	14	379	69	562

ORGANS CONDEMNED AT THE ABATTOIR DURING THE YEAR ENDING 31st DECEMBER, 1961

TABLE 4.

	Oxen	Bulls	Cows	Heifers	Calves	Sheep	Swine	Total
<b>LUNGS</b>								
Tuberculosis . . .	1	—	—	—	—	—	—	1
Abscess . . .	1	—	—	—	—	2	—	3
Pneumonia . . .	—	—	—	—	—	3	9	12
Pleurisy . . .	2	—	—	—	—	11	6	19
Cysts . . .	19	—	4	—	—	1	1	25
Actinomycosis . . .	2	—	1	—	—	—	—	3
Emphysema . . .	1	—	2	—	—	—	—	3
Decomposition . . .	1	—	—	—	—	—	—	1
<b>HEARTS</b>								
Pericarditis . . .	4	—	1	—	—	—	1	6
Abscess . . .	111	—	6	1	—	2	2	122
Endocarditis . . .	1	—	1	—	—	—	2	4
Cystic . . .	1	—	—	—	—	—	—	1
<b>BOWELS</b>								
Abscess . . .	2	—	2	—	—	—	—	4
Adhesions . . .	2	1	—	—	—	1	—	4
Carcinoma . . .	1	—	2	—	—	—	—	3
Inflammation . . .	26	—	13	1	—	29	5	74
Enteritis . . .	—	1	—	—	—	—	—	1
Actinomycosis . . .	1	—	1	—	—	—	—	2
John's Disease . . .	75	—	28	1	—	—	—	104
Oedema . . .	1	—	1	—	—	—	—	2
Pimply . . .	2	—	—	—	—	—	—	2
Cystic . . .	—	—	—	—	—	3	—	3

TABLE 4 Continued

	Oxen	Bulls	Cows	Heifers	Calves	Sheep	Swine	Totals
<b>STOMACH</b>								
Abscess . . .	4	—	1	—	—	—	1	6
Actinomycosis . . .	2	—	—	—	—	—	—	2
Carcinoma . . .	1	—	1	—	—	—	—	2
Foreign Body . . .	6	1	1	1	—	—	—	9
Inflammation . . .	29	—	10	1	—	1	—	41
<b>SPLEEN</b>								
Actinomycosis . . .	1	—	—	—	—	—	—	1
<b>LIVER</b>								
Tuberculosis . . .	1	—	—	—	—	—	3	4
Decomposition . . .	—	—	—	—	—	1	—	1
Abscess . . .	110	—	7	1	—	2	2	122
Actinomycosis . . .	8	—	1	—	—	—	—	9
Cav. Anginoma . . .	14	2	13	—	—	—	—	29
Carcinoma . . .	70	—	1	—	—	23	—	94
Cirrhosis . . .	216	—	8	2	—	2	6	234
Cystic . . .	4	—	—	—	5	20	—	29
Distomatosis . . .	740	2	26	—	—	141	—	909
Bac Necrosis . . .	62	—	1	1	—	2	—	66
Fatty Infiltration . . .	—	—	24	—	—	—	—	24
Melanosis . . .	7	—	—	—	—	—	—	7
Milk Spot . . .	—	—	—	—	—	—	11	11

In addition to the Meat inspected and condemned at the Abattoir the following quantities of food stuffs were inspected, surrendered and destroyed:—

1 Heifer Carcase 286 lbs.  
1 Cow Carcase 561 lbs.  
1 Pig Carcase 96 lbs.  
1 Stag Carcase 198 lbs.  
1 Hind Carcase 95 lbs.  
17 Red Deer Carcases 1,671 lbs.  
94 lbs. Venison.  
71 Brown Hares 487 lbs.  
26½ lbs. Pork.  
12½ lbs. Tongue.  
14 lbs. Pig Liver.  
20 lbs. Pork Sausage.  
56 lbs. Lemon Sole.  
452 tins Meat 4,831 lbs.  
826 tins Ham 9,912 lbs.  
62 tins Chopped Pork 496 lbs.  
10 tins Ox Tongue 60 lbs.  
80 tins Corn Beef 480 lbs.  
9 tins Jellied Veal 54 lbs.  
239 tins Soup.  
311 tins Vegetables.  
1,090 tins Fruit.  
75 tins Fruit Juice.  
20 tins Tomatoes.  
32 tins Evaporated Milk  
5 tins Cream  
88 tins Rice  
8 tins Marmalade  
2 tins Jam  
12 tins Fish  
3 tins Prawns  
16 tins Salmon  
8 tins Chicken.  
1 tin Golden Corn.  
1 pkt. Semolina  
4 tins Macaroni  
11 lbs. Dutch Cheese.  
102 lbs. Dried Prunes.  
11 tins Eggs 309 lbs.  
603 pkts. Biscuits.

#### FOOD AND DRUGS ACT, 1956.

The following table shows the number of samples taken under the above Act.

Article	Genuine		Non-Genuine		Total	
	Formal	Informal	Formal	Informal	Formal	Informal
T.T. Pasteurised Milk	—	23	—	—	—	23
Pasteurised Milk .	—	1	—	—	—	1
Certified Milk .	—	4	—	—	—	4
Certified Jersey Milk	—	4	—	—	—	4
T.T. Milk .	—	4	—	—	—	4
Meat Pie .	—	1	—	—	—	1
Cooking Fat .	—	1	—	—	—	1
Cheese .	—	2	—	—	—	2
Cheese Spread .	—	2	—	—	—	2
Margarine .	—	2	—	—	—	2
Coffee Essence .	—	1	—	—	—	1
Fresh Butter .	—	2	—	—	—	2
Potted Salmon .	—	1	—	—	—	1
Ground Cinnamon	—	1	—	—	—	1
Ground Cloves .	—	1	—	—	—	1
Borax and Honey .	—	1	—	—	—	1
Lemon Juice .	—	1	—	—	—	1
Beef Sausages .	2	1	—	—	2	1
Pork Sausages .	—	1	—	—	—	1
Marmite .	—	1	—	—	—	1
Marmalade .	—	2	—	—	—	2
Table Jelly .	—	2	—	—	—	2
Cream and Butter Tablet	—	2	—	—	—	2
Cascara Tablets .	—	1	—	—	—	1
Roll and Butter .	—	—	1	—	1	—
Bisto .	—	1	—	—	—	1
Packet Soup .	—	3	—	—	—	3
Instant Whip .	—	1	—	—	—	1
Oxo Cubes .	—	1	—	—	—	1
Ground White Pepper .	—	1	—	—	—	1
Cream of Tartar .	—	1	—	—	—	1
Fruit Drink .	—	1	—	—	—	1
Totals C/F	2	71	1	—	3	71



Article	Genuine		Non-Genuine		Total	
	Formal	Informal	Formal	Informal	Formal	Informal
Lemonade Powder	2	71	1	—	3	71
Dressed Crab	—	1	—	—	—	1
Cochineal	—	1	—	—	—	1
Mince	—	1	—	—	—	1
Orange Juice	6	—	—	—	6	—
Fish Dressing	—	1	—	—	—	1
Dessicated Coconut	—	1	—	—	—	1
Cheese Oatcakes	—	2	—	—	—	2
Glace Cherries	—	1	—	—	—	1
Mixed Vegetables	—	1	—	—	—	1
Strawberry Jam	—	1	—	—	—	1
Dripping	—	1	—	—	—	1
Ice Cream	—	7	—	—	—	7
Whisky	8	—	1	1	1	8
Rum	2	—	—	—	—	—
Gin	2	—	—	—	—	—
Disprin	—	—	—	—	—	—
Blackcurrant Pastilles	—	1	—	—	—	1
Gravy Mix	—	1	—	—	—	1
Cough Syrup	—	1	—	—	—	1
Fish Cakes	—	1	—	—	—	1
Malt Vinegar	—	1	—	—	—	1
Salmon Spread	—	1	—	—	—	1
TOTALS	20	97	2	1	22	98

## PROSECUTIONS

A sample of Ice Cream was found on analysis to be deficient in fat according to the Food Standards (Ice Cream) (Scotland) Regulations, 1959. The sample contained 4.62 per cent of fat whereas by the aforesaid Regulations, ice cream should contain not less than 5 per cent of fat.

This contravention was reported to the Procurator Fiscal. A plea of guilty was tendered and a fine of £5 was imposed.

A sample of Rolls and Butter was found on analysis to be not of the nature, substance and quality demanded in that the alleged butter portion was found on analysis not to consist of pure butter but to have the composition of approximately 10 per cent butter and 90 per cent margarine.

This contravention of the Food and Drugs (Scotland) Act, 1956, was reported to the Procurator Fiscal. A plea of guilty was tendered and a fine of £4 was imposed.

## PHARMACY AND POISONS ACT, 1933.

Premises of listed sellers of poisons under Part II of the Poisons List were visited and advice given as to the requirements of the Act and Rules.

## FERTILISERS AND FEEDING STUFFS ACT, 1926.

Five informal samples of fertilisers were taken during the year. Four of the samples agreed with the statements of guarantee within the limits of variation as laid down in the Regulations.

The other sample of Potato Manure was found on analysis to have a deficiency of 3.40% Potash which was to the prejudice of the purchaser. When the attention of the firm concerned was drawn to this fact all stocks were immediately withdrawn from sale.

## PUBLIC CONVENIENCES

The amount collected from the coin operated locks during the year was £1,882.19.10d. as compared with £1,710.11.8d. in 1960. The amount collected from the Ladies Conveniences was £1,503.5.9d. and £379.14.1d. from Gents.

It is pertinent at this point to focus attention on the amount of damage caused by vandals in the Gents Conveniences. The irresponsible element causing the damage would appear to take a delight in damaging locks, removing handles from doors, breaking windows and have even gone the length of forcing pipes from the walls. It is difficult to understand the reasons for such actions and it can only be assumed that a small minority have no respect whatsoever for public property.

## ACKNOWLEDGMENTS

As this is the last report which I shall make as Sanitary Inspector, I wish to place on record my sincere appreciation of the support and encouragement which I have received from the Lord Provost and members of the Town Council. I would specially thank Dr. Ritchie, Convener of the Health Committee and the officials of other Departments for their kind co-operation at all times and those who have contributed to this report.

I also wish to acknowledge the loyal assistance given to me by my Depute, Mr. Peter Mawer and all members of the staff.

I am,

My Lord Provost, Lady and Gentlemen,

Your Obedient Servant,

WM. McBRYDE, F.R.S.H.,

*Sanitary Inspector.*